



# NEWSLETTER



It is now 2 weeks since the European Championships. It is time to reflect and look where to improve for next time. In general I believe that we as Europeans have improved on what to do at an event such as the European Championships. So in this letter I want to focus on what we improved on. I will give some examples. So this time:

- Team managers took a more active role and knew what to do much better than before.
- Fighters were ready on time more often than before, it is not 100% but we are getting close.
- Fighters broke less habu than before.
- Fighters had to stop the matches less times to fix their equipment.
- Slowly but steady our shinpan are getting better
- Because people were on time, we could fit more matches in the time we had and we didnt go over time! We could even add some extra breaks!

Soon I will we will be sending an email to all federations to give feedback on what they thought what went well, and which points we can improve on. We will also make a list



All 10th european  
N a g i n a t a  
Championship Results



Grade examination  
results

10

DEC

APNagi issshujiai

4

FEBRUARY

TOKUNAGA CUP

PARIS

5

FEBRUARY

CHARTON CUP

PARIS



from an organisation point of view and share the highlights with the ENF members.

Thank you all for participating.

See you all the the ENF seminar in 2017 in the Netherlands!

Mark Berghaan

## ENF 25th Anniversary Celebration speech of the president

We are here to celebrate the 25<sup>th</sup> anniversary of the ENF. It is in 1991 that our Federation was officially created.

I am more than happy to see that twelve nations have joined our group since then and that more will soon join us as well.

I would like to thank all the people who contributed to build the Federation and more particularly address a thought to Tokunaga sensei, Funahara sensei, Charton sensei and Mr Kondo for their energy during all these years.

The ENF has grown stronger over the past 25 years and count now 2 renshis that we would like to honor today. Please give warm applause to Cécile Hamot sensei and Martine Deschamps sensei.

The ENF would never be what it is today without the help of the INF. We would like to honor Mrs Hashimoto, the President of the INF, Mrs Tamaki the General Secretary of the INF and Mrs Kimura sensei the



Technical Director of the INF, please give them a warm applause.

And of course, as you all know, naginata comes from Japan, so we would never have learned our passion without the support of AJNF. We would like to honor the AJNF through it's representative here today, please give a warm applause to Yasui sensei and Narita sensei.

Of course there are many other peoples that gave energy and their time for naginata that we would have love to thank here today, so please for all of them, let us raise our glass now and enjoy the next 4 days of championship and seminar.

KAMPAI

David D'hose

### What is important to practice naginata is:

1. Dinosaur (See the picture)
2. Practice precisely (understanding "riai" or the rationale of handling naginata and body movement)
3. Practice spontaneously everyday (for example ,at home, practicing "mochikae" and "tai-sabaki" or proper body movement)

Comments on the tournament:

I saw the participants make progress in technique comparing with what I saw in the tournament in Canada. Especially, it was impressing that the participants became good at "maai" or taking proper distance against the other contestant. Various kinds of techniques were used in handling naginata, which was also impressing to me. I am looking forward to seeing you in the next tournament in Germany.

Japanese contestants can be defeated!!

Midori Yasui sensei

